

MY HEALTH

Project Title: Models to Engage Vulnerable Migrants and Refugees in their Health, through Community Empowerment and Learning Alliance (MyHealth)

Project Number: 738091

Project Duration: 1 April 2017 to 30 March 2020 (36 months)

Website: www.healthonthemove.net

Twitter Account: @MyHealthEU

Facebook Account: @MyHealthEU

Background

On January 2014, the number of people living in the EU-28 who were citizens of non-member countries was 19.6 million people, 3.9% of EU-28 population. The number of asylum applications from 1992 to 2015 nearly doubled. Twenty-nine percent of these applications were minors, 23% were unaccompanied (Eurostat, 2015, Migration and Migrant Population Statistics Report).

The promotion of wellbeing and access to quality health and social care services is often limited for at risk populations. Migrants disproportionately have impaired health and poor access to health services. Difficulties accessing the healthcare systems arise from various causes, including but not limited to linguistic barriers, lack of understanding of different cultures, social exclusion, undocumented situation, bureaucracy and economic difficulties. Vulnerable migrants and refugees (VMR) are a heterogeneous group facing challenges in health-related issue. Health care systems should be prepared to respond to their diverse needs.

Overall Aim

The main aim of MyHealth is to improve the healthcare access of vulnerable immigrants and refugees (VMR) newly arrived to Europe, by developing and implementing models based on the knowhow of a European multidisciplinary network. MyHealth Project will focus on women and unaccompanied minors newly arrived in Europe (less than five years).

Project Partners

1. Fundacio Hospital Universitari Vall D'hebron-Institut de Recerca (VHIR), Spain (Project Coordinator)
2. Institut Catala de la Salut (ICS-HUVH), Spain
3. Syn Eirmos NGO of Social Solidarity Astiki Etairia, (SYN-EIRMOS), Greece
4. Florencia Young und Maria Luisa Di Como Gbr (Migrantas), Germany
5. Migrants Resource Centre (MRC), UK
6. European Institute of Women's Health (EIWH), Ireland
7. University of Greenwich (UoG), UK
8. Asserta Global Healthcare Solution (Asserta), Spain
9. Fakultni Nemocine U Sv. Anny V Brne (FNUSA), Czech Republic
10. Regione Emilia-Romagna (RER), Italy
11. PUK der Charité im SHK (CHARITE), Germany



Central Objectives

1. Develop a comprehensive, interactive map outlining the main health issues, main actors and stakeholders; reference sites dealing with migrants' remittances (MREM); legal and organisational aspects of health systems in the partner countries; and the available ICT tools.
2. Clearly define the current health problems of migrants treated in health centres.
3. Define and develop health intervention strategies in mental health as well as communicable and non-communicable diseases utilising a community health approach.
4. Develop an ICT based platform to support tools, enhance health applications development and health information.
5. Implement defined strategies and models in pilot over the hospital participating in the consortium.
6. Train and involve key actors (from users to management) in the health system value chain.
7. Ensure sound management and effective communication for MyHealth.

Work Packages

1. Coordination and Management, M1-M36 (VHIR)
2. Evaluation, M1-M36 (UoG)
3. Communication and Dissemination, M1-M36 (EIWH)
4. Mapping on Health and MREM, M1-M12 (RER)
5. Needs Assessment, M1-M18 (Asserta)
6. Tools Development, M18-M30 (ICS-HUVH)
7. Pilots, M24-M32 (CHARITE)
8. Community Involvement, M1-M36 (MRC)

Target Audiences

- Vulnerable Migrants and Refugees (VMR), particularly women and unaccompanied minors
- Patients' and advocacy groups (e.g. patients' associations; immigrant associations)
- Health professionals
- Health NGOs
- Social Platforms
- Governments and international health agencies
- Social researchers

Main Outcomes

1. Online interactive map
2. Pilot survey on current health status and concerns
3. Repository of best strategies for health promotion
4. Evaluation of the pilot models
5. Guide for integration of ICT solutions for vulnerable immigrants and refugees



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